

COACHING STAFF:

Todd Cook

Program Director

Mini Northstars 08'/09' Head Coach

The Club Program Director offers year round opportunities for children of all ages and abilities in the community. A main priority is to raise standards of instruction given to players and coaches.

- ☆ USSF National C-License
- ☆ Director of Men's Soccer Operations- Syracuse University (2015- Present)
- ☆ Skaneateles Girls Varsity Soccer Coach (2012-2014)
 - ☆ Liberty League Coach of the Year 2012 & 2013
- ☆ Le Moyne College Men's Soccer Player (1998-2001)

Allan Schroeder

2008 Co-coach

Club Goalkeeper Coach

- ☆ NSCAA Level 6 Coaching License
- ☆ Div. III Morrisville Men's Soccer Asst. Coach (2010-2012)
- ☆ Div. III Morrisville Men's Soccer Player (2008-2011)

Sergio Palluci

06' Head Coach

10' & 11' Head Coach

- ☆ Le Moyne College Men's Soccer All-American
- ☆ SSA Director of Coaching (2012-2014)

Rolando Alvarado

09' & 08' Asst. Coach

- ☆ SUNY Oneonta Div. I 1994-96
- ☆ USSF E-License (Pending 2018)
- ☆ Philosophy & Principles of Coaching Soccer Course SUNY Oneonta

Paul Palucci

Director of Lady Northstars Division

2011/12' Lady Northstars Head Coach

USSF E-License

SUNY Oswego Soccer Player (2002-05)

SUNYAC Soccer All Conference Team 2003

Matt Mancari

2008' Asst. Coach

WOYSA Board Member/ Coach (2015-2018)

Tom Bartyzel

2010 & 2011 Asst. Coach

SUNY Oswego Men's Soccer 2015-18

Please Make Checks Payable to:



Mail Application & \$495 Fee to:

Northstars Soccer Club

PO Box 72

N. Syracuse, NY 13212

*(No hidden costs. Includes all fees for indoor season: League & Training fees from Nov.-April) *Note: does not include any indoor holiday tournament fee if we decide to enter*

Indoor Registration Deadline:

October 1st, 2018

(Turf rental contract, league entry fees, uniform orders require advanced notice regarding player commitments)

For questions call or e-mail:

Coach Todd Cook

(315) 415-0454

tcook2@nscsd.org



**Informational Club Brochure
2018-19 Indoor Winter
Season**

CLUB PHILOSOPHY:

It is our goal to develop young soccer players within our surrounding community. The Northstars Soccer Club will concentrate our effort: players age U-13 and below. At this age the focus is on FUN and individual player development while learning the sport. U7, U8, U9, U10, U11, U12, U13 club teams are available for any players ready for competitive soccer. All players will get playing time and explore every position on the field. Through convenient scheduling, and various levels of opportunities this pool of players will continue to develop year-round. Professional coaching, abundant soccer opportunities, and sense of community makes this team perfect for any serious young soccer player.

COACHING PHILOSOPHY:

The Northstars Soccer Club will provide a competitive & stable environment required for all players to achieve and realize not only individual goals but also team success and accomplishments. Discipline & high work rates will be the framework around all player mental, physical, technical, tactical, & team developmental training

MISSION STATEMENT:

The Northstars Soccer Club provides competitive, challenging, & dynamic training with a consistent coaching philosophy. Northstars Soccer Club prides itself on providing the best coaching, fields, facilities, training equipment, and extra opportunities to our players.

VISION STATEMENT:

The Northstars Soccer Club aspires to provide a low cost, year-round program for players of all ages (2-13 yrs.) in our community to benefit from & enjoy!

FOR MORE INFORMATION:

<http://www.northstarsoccerclub.com>

CLUB GOALS & OBJECTIVES:

- ☆ Improve tactical awareness in individual and collective attacking & defending
- ★ Tactical training will teach players our programs "style of play."
- ★ Physical training Our preparation to play soccer involves aerobic, anaerobic, & plyometric conditioning.
- ☆ Provide serious young soccer players with an effective support structure to facilitate their development
- ☆ Teach & develop advanced technique
- ☆ Have FUN!! Help players develop a passion for the sport.
- ☆ Build friendships & team chemistry from a young age
- ☆ Offer a premier high quality, low cost soccer program for all players in our community.

INDOOR FACILITIES:

- ☆ CNYFSC Turf Field Weekly Practice Rental
- ☆ CNYFSC Indoor League
- ☆ North Syracuse Junior High School Main Gym
- ☆ Roxboro Road Middle School Main Gym



Northstars Club Highlights:

U12 NPSL Runner-up 2018
 U9 & U10 Salt City Champions 2018
 U9 Hershey, PA Tournament Finalist 2017
 U10 May Day Champions 2017
 U10 Niagara Pioneer Finalist 2017
 U12 May Day Finalist 2017
 U9 Hershey, PA Tournament Finalist 2016
 U9 Northstars Cup SU Tourney Finalist 2016
 U7 Northstars Cup SU Tourney Champions 2016
 U9 Indoor Playoff Champions 2016
 U9 Indoor League Champions 2015
 U9 XMAS Tournament Champions 2015
 U9 Thanksgiving Tournament Champions 2015
 U9 Brockport Tournament Champions
 U8 Northstars Cup Finalist 2015
 U8 CNYFSC XMAS Tourney Champions 2014
 U8 Northstars Cup Finalist 2014
 U-14 Niagara Pioneer Champions 2012
 U-14 Saratoga May Day Champions 2011
 U-12 Salt City Champions 2010
 U-12 Brockport Champions 2010
 U-11 Northstars Cup Runner-Up 2010
 U-10 2009 CNYFSC Holiday Tourney Champs

13 Years of Excellence!!

U-14 & 19 2009 CNYJSA League Champs
 U-13 & U-14 2009 May Day Champions
 U-13 2009 Gates Invitational Champions
 U-14 May Day Champions 2008
 U-9, 11, 14 2009 Hilton Parma Champs
 U-10 & 11 2009 CNYFSC Thanksgiving Champs
 U-17 Northstars Cup Champions 2008
 U-15 WSA Tourney Runner Up 2008
 U-13 CNYJSA League Champions 2008
 U-11 & U-12 Hilton Parma Champions 2008
 U-11 Gates Champions 2008
 U-13 CNYJSA League Champions 2007
 U-17 Webster Invitational Runner-up 2006
 U-14 CNYJSA League Champions 2006
 U-14 Greece Cobra Runner-up 2006
 U-14 Webster Runner Up 2007
 U-13 Gates Champion 2007
 U-13 Chili Champion 2007
 U-12 CNYJSA League Champions 2007
 U-12 & U16 Northstars Cup Champions 2007
 U-14 Brockport Runner-up 2006
 U-12 Marcellus Tournament Champions 2006
 U-13 Long Island Tournament Champions 2011

OPEN ENROLLMENT:

2006/07' - Jr. Northstars- Coach Sergio Palucci
2008-Mini Northstars-Coach Allan/Todd
2009- Mini Northstars- Coach Todd Cook/ Rolo
2010- Lil' Northstars- Coach Sergio Palucci
2011- Tiny Northstars- Coach Sergio Palucci
2011/12- Lady Northstars- Coach Paul Palucci

Roster Spots being filled ASAP

Players will be grouped by age and ability level to maximize player development. Club policy is to have players placed age appropriately. If the player is strong enough he may be asked to play secondary on the team a birth year older to help as a guest player at times. All teams will hold tryouts semi-annually creating the strongest possible team that can be fielded in each age group. Teams will compete year round with a united sense of club/ team spirit.

Any interested players should contact Todd Cook, Program Director so he can get you team specific information.

Goalkeepers will train with their team at practices with goalie specific training provided by our clubs GK coach. Coach Allan Schroeder will provide weekly training for goalies throughout the Winter during assigned practice slots.

WINTER INDOOR \$495 COST PER

PLAYER INCLUDES: (Nov. 1st - April 1st)

- ☆ CNYFSC League (20 weeks of games plus playoffs throughout Session I & II)
- ☆ 2 Training sessions per week (1 turf practice @ CNYFSC, 1 gym futsal game play & balls skills session)

2008/09' and 2006/07' Teams Indoor Schedule:

2008/09' Mini Northstars and 2006/07' Teams Turf Practice @ CNYFSC: Tuesdays 6-7pm every week

2008/09' and 2006/07' Gym Futsal Games, Futsal Ball Footskills: Fridays 7-8pm @ North Syracuse Junior High Gymnasium every week

Winter League Full Field Games @ a local indoor center:

Saturday game times range from 9am-2pm (Nov. -April)
 (18 total games throughout the winter)

2010/11' Teams Indoor Schedule:

Gym practice on Wednesday & Friday 6-7:10pm (Roxboro RMS, or Roxboro Elementary)

2012 Lady Northstars Indoor Schedule:

Gym practice on Monday & Wednesday at Bear Road Elementary School 6-7:15pm

Winter Indoor Registration Form

Name: _____

Age: _____

DOB: ____/____/____

Address: _____

City: _____

Zip Code: _____

Telephone #: _____

Grade level entering fall 18': _____

E-mail: _____

Team Name/Coach Registering For:

UNIFORM SIZING: (ONLY CIRCLE IF YOUR CHILD IS A NEW PLAYER JOINING THE CLUB)

Jersey: YM YL YXL AS AM

Shorts: YM YL YXL AS AM

I hereby waive and release the Northstars Soccer Club, Inc. from and all liability for any injuries incurred by the above name player v participating in club sponsored training.

Signed: _____

Dated: ____/____/____